



# Wild Hot Springs and Thermal Spas in the Pyrenees

Discover a unique thermal experience in the Catalan Pyrenees, from wild natural hot springs to luxurious spa facilities. All these bathing spots are located between 8km and 50km from **Casa Ilicia** in Eus, making them perfect for winter exploration.

**Important safety notice:** Throughout this presentation, we highlight potential dangers and essential precautions. Be responsible and respectful of these natural sites. Access information is only provided for developed public facilities, not for sensitive natural locations.

**E** by Erasmus 3MS

# Natural Thermal Waters of the Catalan Pyrenees

The Catalan Pyrenees offer a unique variety of natural hot springs! Throughout the Têt valley, natural hot water resurges at temperatures exceeding 40°C. This thermal water rises along a fault line that follows the valley.

Several of these sulphurous baths are wild, often located in the mountains like Japanese Onsen. They are generally naturist and invite relaxation or meditation. These springs are free to access, but most are on private land! Please respect any municipal ordinances!



Wild hot springs in the Pyrenees, true European Onsen!

# The Baths of Canaveilles (Nyer)

## Unique Location

These wild and free hot baths are truly atypical as they are located directly on the riverbed! When they get too hot, you can regulate the temperature by letting river water in.

## Safety Warning

**Parking on the RN116 is dangerous and strictly forbidden!** Do not visit after heavy rain, during snowmelt, or after a storm.

## Natural Pools

There are 3 basins made of stones and river pebbles, offering a natural bathing experience in thermal waters.



Upstream from this source was a thermal station and the Relais de l'Infante hotel. It was ravaged by fire in 1984 and never rebuilt. Access is dangerous and formally prohibited by municipal decree, as the ruins risk collapsing at any moment.

# The Baths of Thuès

A few kilometers further, there are the Baths of Thuès, where hot water springs at over 69°C! These baths are located after the functional rehabilitation center (on RN116 after the tunnel and bridge of Thuès les bains).

Parking is quite tricky, and **access to the rehabilitation center parking is strictly prohibited**. Crossing the RN116 is very dangerous.

The best approach is to start from the village of Nyer and take a magnificent hike of about 1h30 passing through the hamlet of EN to reach Thuès-les-Bains.

**Warning: crossing and passing on the Yellow Train railway is strictly forbidden as the rails are electrified!**



Wild hot baths of Thuès

# Hot Water Canyon: A European Unique



## Relaxing Baths

The Thuès baths maintain a pleasant temperature of 37°C, perfect for relaxation while enjoying mountain views.



## Unique Activity

Thuès is also the starting point for a hot water canyon unparalleled in Europe - a canyon of thermal hot water! Contact a professional guide to experience it safely.



## Natural Basins

There are several stone basins overlooking the steep valley of the Têt, offering spectacular views while you soak.

One of our favorite spots is near a cool waterfall, a basin at 37°C with an Amazonian setting in spring. It's our favorite and it's secret...

# Secret Hot Springs of Prats Balaguer

Further up the valley, towards Mont Louis, near the charming little village of Prats Balaguer, in a valley in the middle of a forest, there are wild baths that are also free! The location is kept secret to preserve this special place.

Sulphurous vapor swirls above the source. The water cascades into several natural basins carved into the hillside. The geographical location of this source, like that of the dozen other wild sources in the region, is in principle kept quiet by those in the know who wish to preserve them from crowds.



Wild hot baths in a forest setting



Natural wild springs at 40°C



# "Civilized" Thermal Baths: Saint Thomas



## Thermal Pools

For more "civilized" or controlled baths with comfortable services, further upstream near Fontpedrouse at Saint Thomas les Bains, there's a thermal leisure center with 3 pools and jacuzzi (entry €6).



## Spa Services

An indoor spa and hammam formula is also available (from €12). These baths are comparable to Japanese Sento. Massage packages are also offered.



## Mountain Setting

Enjoy the spectacular mountain views while relaxing in thermal waters, especially beautiful during sunset or when snow covers the surrounding peaks.

The baths of Saint Thomas in the evening, with steam rising against the mountain backdrop

# More Thermal Facilities: Llo and Dorres

## The Baths of Llo

Continuing on RN116 towards Andorra, there are the Baths of Llo with several outdoor pools (entry from €12).



## Roman Baths of Dorres

After Font Romeu, following Thémis then Targassonne, you arrive at Dorres. You'll discover Roman Baths! These outdoor hot baths are at 37°C. They have been carved into granite and offer an exceptional panoramic view of the Catalan Pyrenees.

The sunsets here are sublime!!! (entry is around €6).





# Thermal Treatment Centers



## Molitg les Bains

Offers wellness packages starting from €19 for non-patients. The thermal center provides various treatments in a serene environment surrounded by nature.



## Vernet les Bains

Provides several treatment formulas for both medical patients and those seeking relaxation. The facility combines traditional thermal treatments with modern wellness approaches.



## Casa Ilicia

For accommodation, Casa Ilicia offers 4 rooms from €59 including breakfast, €69 for 2 people. More precise information about natural hot baths will be given verbally if you stay at Casa Ilicia!

The Thermes of Molitg les Bains - wellness area

# Summer Alternatives: Natural Pools and Coves



In summer, you can also discover the natural pools of Southern France, with cascades and swimming spots in the Pyrenees. Or visit the "grand blue bath" on the rocky coast near Collioure, with wild coves between Port Vendres and Banyuls sur Mer.

Casa Ilicia will soon offer a solar jacuzzi! We'll keep you informed 😊

[Book at Casa Ilicia](#)

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